Habits of Mind

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Self Knowledge Know yourself! Be aware of the impact of your strengths, weakenesses, and biases. Find your role within a group of learners. Apply interests and passions to reach goals.	Struggles to identify strengths, weaknesses, and biases.	Recognizes strengths, weaknesses, and biases with support.	Uses strengths and recognizes weaknesses and biases.	Develops new strengths, mitigates weaknesses, and controls biases.
	Struggles to assume roles within a group.	Assumes a role within a group with support.	Executes roles within groups.	Seeks to move group toward goals.
	Does not connect goals to interests and passions.	Identifies interest and passions and connects them to goals with support.	Explores interests and passions as they relate to broad goals.	Sets goals directly linked to interests and passions in multiple contexts.
Perseverance Stick to it! Commit to completion. Remain focused, patient, and avoids and deflect distraction. Look for ways to reach your goal when stuck. Do not give up. Try again and try differently.	Does not complete assigned tasks.	Completes assigned tasks with support.	Completes assigned tasks.	Assigns and completes own tasks.
	Avoids challenges.	Participates in challenges with support.	Partciaptes positively in challenges.	Seeks challenges.
	Succombs to distraction.	Identifies distraction.	Maintains focus.	Shifts focus according to need.
	Gives up.	Tries again.	Tries multiple approaches to problems.	Uses failures to motivate and adapt strategy.
Empathy Connect with and include others! Seek to understand another person's/culture's beliefs, ideas. and behaviors.	Responds to others with rigidity.	Tolerates others.	Accepts the unique, different, and alien.	Incorporates differing ideas.
	Excludes others.	Includes others in structured settings.	Includes others in all settings.	Welcomes those who are most difficult.
	Judges others without understanding.	Listens to others.	Engages in dialogue with others' about their ideas, beliefs, and behaviors.	Seeks understanding of others' ideas, beliefs, and behaviors.
	Does not identify simliarities between self and others.	Identifies differences between self and others.	Understands similarities between self and others.	Connects with others.
Curiosity Ask the right questions! Have a questioning attitude. Look for the whole story. Know what information is needed and develop strategies to acquire that information. Seek problems to solve.	Responds with apathy.	Responds in order to complete assigned task.	Expresses excitement and interest.	Shares excitement with others.
	Accepts ideas without justification.	Criticizes ideas.	Justifies ideas with reason.	Challenges others to defend ideas.
	Struggles to acquire information.	Gathers information.	Identifies and collects pertinent information.	Seeks opposing and hidden information.
	Avoids challenging questions.	Responds to challenging questions generated by others.	Contributes to a thread of questions.	Asks challenging questions.
Communication Share your ideas! Speak, write, and present with clarity and purpose. Construct and revise arguments. Teach others new ideas and concepts.	Confuses others.	Shares with clarity.	Communicates with clarity and purpose.	Inspires others.
	Struggles to make arguments.	Makes points.	Makes arguments.	Defines and defends arguments.
	Works in isolation.	Explores ideas and concepts with others.	Explains ideas and concepts to others.	Teaches others.
Flexibility Look at it another way! Change what you can control and adapt to the things that you cannot control. Shift your perspective, consider other options, and generate alternatives.	Responds negatively to change.	Responds to change with support.	Adapts to change.	Embraces change.
	Applies rigid thinking to problem-solving.	Solves problems with support.	Solves complex problems.	Thinks divergently.
	Gets stuck.	Recognizes the need to makes changes.	Makes changes in response to failure.	Makes changes strategically.
	Follows the prescribed path.	Selects among pathways with support.	Explores altetrnative pathways.	Carves own path.