

# Definition of Habits of Mind

Characteristics of what intelligent people do when they are confronted with problems, the resolutions to which are not immediately apparent.

— *Costa and Kallick (2008)*

# 16 Habits of Mind

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| <ul style="list-style-type: none"><li>• Persisting</li><li>• <b>Managing impulsivity</b></li><li>• Listening with understanding and empathy</li><li>• <b>Thinking flexibly</b></li><li>• Thinking about thinking</li><li>• <b>Striving for accuracy</b></li><li>• Questioning and posing problems</li><li>• <b>Applying past knowledge to new situations</b></li><li>• Finding humor</li></ul> | <ul style="list-style-type: none"><li>• <b>Thinking and communicating with clarity and precision</b></li><li>• Gathering data through all senses</li><li>• <b>Creating, imagining, innovating</b></li><li>• Responding with wonderment and awe</li><li>• <b>Taking responsible risks</b></li><li>• Thinking interdependently</li><li>• <b>Remaining open to continuous learning</b></li></ul> |
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# HABITS OF MIND

## Discussion

- ✓ READ THROUGH THE LIST OF HABITS
- ✓ GIVE EXAMPLES: WHERE DO YOU SEE STUDENTS USING THE HABITS? WHAT DO YOU HEAR THEM SAY OR DO THAT SUGGESTS THAT THEY ARE USING THE HABITS?
- ✓ DESCRIBE SITUATIONS WHEN YOU SEE THE HABITS INCLUDED IN YOUR WORK
- ✓ CHOOSE ONE OR TWO TO SHARE WITH THE WHOLE GROUP

# Choosing a Few as a Focus for the School

- Questioning and Problem Posing
- Listening with Understanding and Empathy
- What are the two additional habits that you would choose for the entire school? Use the polling link on the website to weigh in.