

Restorative Approaches

# Habits of Mind

## Responsible Risks Circle

**Overview:** Taking responsible risks involves being adventurous, trying new things constantly, and living on the edge of one's competence.



**Round 1:** How are you doing today?

**Round 2:** What does "taking a risk" look and feel like?

**Round 3:** Why can it be hard to take risks?

**Round 4:** What support would you like from your classmates so that you feel comfortable taking responsible risks?

**Round 5:** How do you feel about today's circle?



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## Finding Humor Circle

**Overview:** Finding humor involves finding the whimsical, incongruous, and unexpected while being able to laugh at oneself.



**Round 1:** How are you doing today?

**Round 2:** Over the past week, what is something unexpected that has happened in your life to make you laugh?

**Round 3:** What kinds of things make you laugh? How does it make you feel when you laugh?

**Round 4:** Why is it important to laugh and find humor in our lives?

**Round 5:** How do you feel about today's circle?

