

A Note from Council Rock Extended Studies Services

Dear Families,

We miss visiting your child's classroom! We hope that this note finds you feeling well and coping with our new temporary reality. A few days ago, we walked the Brickyard Trail, and we talked about how important Habits of Mind are in facing any kind of challenge. Out of that conversation came an activity guide for a **Habits of Mind Walk on the Brickyard Trail**. Consider using this guide if you are looking for something to do outdoors with your child.

Brickyard Trail Location:



The Brickyard Trail connects Elmwood Avenue (across the street from the Brighton Memorial Library) and Westfall Road (next to the Church of Latter-day Saints). It is a Brighton gem!

What your child will need to complete the activities:

- The activity guide pages can be printed, or your child could bring a blank piece of paper to write/draw.
- Writing/drawing utensil(s)
- Clipboard or other hard, flat surface to write on

Your child can pick one or two activities or complete all activities. You could visit the trail several times and complete one activity each time.

Would your child like to share their work?

We would love to see any completed activities. Your child can share with us by scanning or taking a photo of the work and emailing it to andrea_yawman@bczd.org or judy_wegman@bczd.org. We will respond to any work that we receive.

Reminders:

Maintain a distance of 6 feet from other trail visitors.
Stay on the trail.
Don't take anything from nature.
Leave only your footprints behind.



For more on the Brickyard Trail and Habits of Mind, visit these links:

<https://www.townofbrighton.org/827/Sandra-L-Frankel-Nature-Park>

<https://www.bcsd.org/domain/555> (Student Thinking section on CRPS webpage)

Whether or not you use the Brickyard Trail guide, we hope that Habits of Mind are helping your family during this disruption to normal routines. At our homes, we OFTEN remind ourselves to *think flexibly* and *listen with empathy*. 😊

Sending our best,
Mrs. Yawman and Miss Wegman
Extended Studies Services Teachers



A Habits of Mind Walk on the Brickyard Trail

Managing Impulsivity



Stay on the trail. Don't take anything from nature, and only leave your footprints behind.

brought to you by Council Rock Extended Studies Services

Use this Habits of Mind guide to appreciate nature in the heart of Brighton. Remember to keep your distance from others. Enjoy the fresh air!

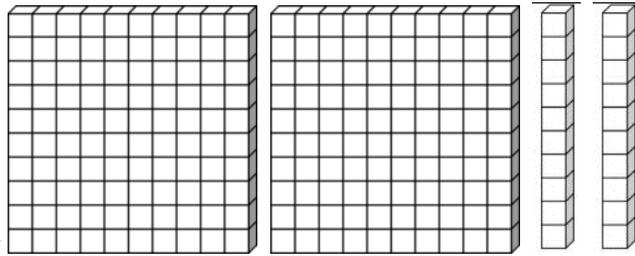
 <p>Gathering Data Through All Senses</p>	<p>As you walk, draw or write what you are seeing, smelling, hearing, or touching:</p>						
 <p>Striving for Accuracy</p>							
 <p>Creating, Imagining, and Innovating</p>	<p>When you arrive at the bridge, find out how many of your steps fit from one side of the bridge to the other. Carefully place your heel against one side with your toes pointed toward the other side, then place your other heel directly in front of your toes (now you have measured two steps). Move the foot that is against the edge of the bridge and place it directly in front of your other toes (now you have measured three steps). Continue and count the number of steps until you get to the other side.</p>			<p>Number of steps:</p>			
 <p>Finding Humor</p>	<p>Do you know any nature jokes?</p> <table border="0" style="width: 100%;"> <tr> <td style="width: 33%;"> <p>What did the big flower say to the small flower? <i>What's up, Bud</i></p> </td> <td style="width: 33%;"> <p>Why is grass so dangerous? <i>Because it's full of blades</i></p> </td> <td style="width: 33%;"> <p>What kind of shorts do clouds wear? <i>Thunderwear</i></p> </td> </tr> </table>				<p>What did the big flower say to the small flower? <i>What's up, Bud</i></p>	<p>Why is grass so dangerous? <i>Because it's full of blades</i></p>	<p>What kind of shorts do clouds wear? <i>Thunderwear</i></p>
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Thinking About Your Thinking

Look at the benches by the large pond. The Brickyard Trail used to be a place where brick makers collected clay to use to make bricks. Each bench is the size of 1 cubic yard of clay. At the height of brick-making, 220 cubic yards of clay were collected each day. Think about your thinking (choose a strategy) to decide how many cubic yards of clay were collected in **3 days**.

220 cubic yards in 1 day

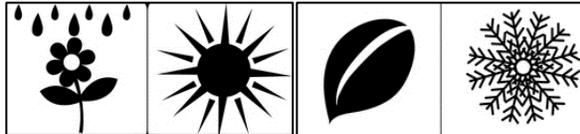


How many in 3 days? _____ cubic yards



Applying Past Knowledge

Use what you know about the seasons to talk with someone about what the Brickyard Trail might look like in a different season than this one.



Responding with Wonderment and Awe

Last summer I arrived at the bridge. I started to look over the railing at the creek, and a blue heron emerged from under the bridge. Wow! It was amazing to see its wings spread so close to me. Draw or write about what made you say “wow” during your walk.

